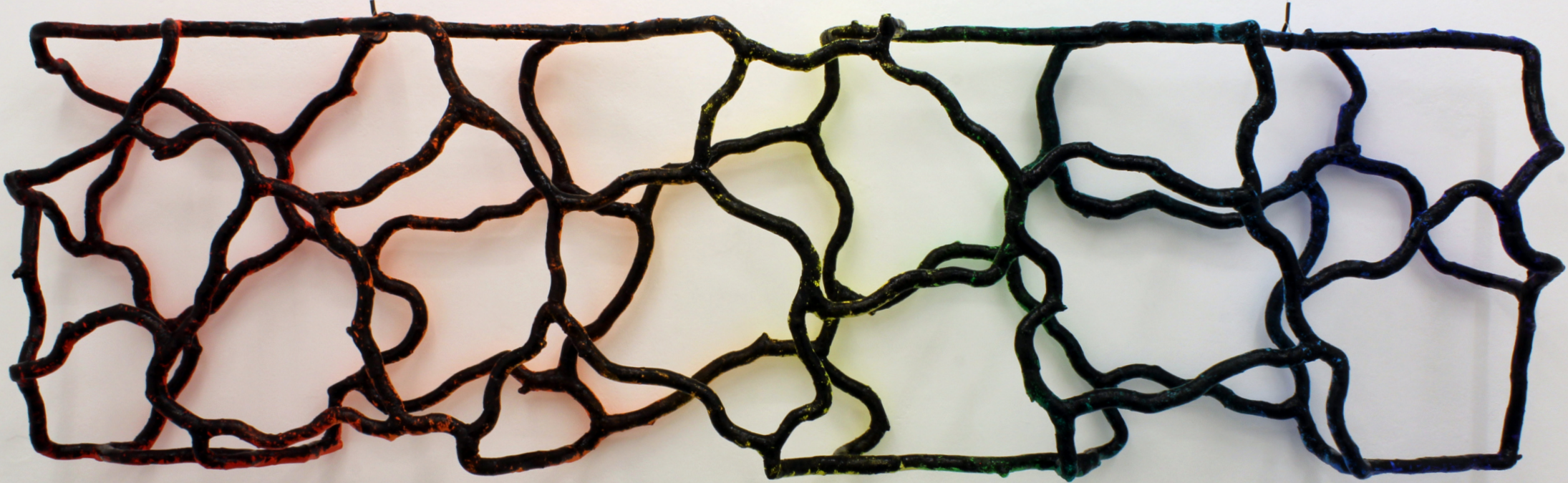


The potential of the individual to self-liberation ...

... In the series ‚Rainbow in Dark‘ I am inspired by experiences that I have while spending time in the dark.

Following the empiricism of the highlights within the history of art, I deal with the anatomy of mind, here we find the potential of the individual to self-liberation.

So I enter into absolute silence and absolute darkness for 10 days.



I then apply some meditation practices inducing something like a massive psychosis, this psychosis then lasts for about 8 days and nights. During this time I remain in silent fresh awareness. Even though the horror and beauty, this puking of mind happens with a cinematic density and emotional force that is 10 times more intense than anything that normally goes on, I remain uninvolved like the still eye in the middle of a hurricane.

Then the mood changes, everything goes quiet, lights appear in the void.  
I have no idea if or to what extent this is real.

In any case, I try not to paint what I see there, because the image stands between the viewer and reality, but the art should turn to reality.

If what I see there in the dark is really existent, perhaps it can be found then also in the painting.“